GDIT   Gambling Disorder Identification Test

Here are a few questions on gambling. We thank you for responding as correctly and honestly as possible by indicating the response that is right for you.

👉	□ **Man** □ **Woman** □ **Other alternative**			**Age** _____			

	Never	Monthly or less	2-4 times a month	2-3 times a week	4 or more times a week	Daily	Several times a day
1. How often do you gamble?	□	□	□	□	□	□	□

	No time	Less than an hour	1-2 hours	3-4 hours	5-6 hours	7-9 hours	10-24 hours
2. How much time do you spend gambling on a typical day?	□	□	□	□	□	□	□
3. How much time do you spend thinking about gambling on a typical day?	□	□	□	□	□	□	□

	Never	Less often than monthly	Monthly	Weekly	Daily or almost daily
4. How often have you tried to control, cut down or stop your gambling, in the past 12 months?	□	□	□	□	□
5. How often have you gambled to win back money you lost on gambling, in the past 12 months?	□	□	□	□	□
6. How often, in the past 12 months, have you gambled more than you planned (more occasions, longer time or larger sums)?	□	□	□	□	□
7. How often have you lied to others about your gambling, in the past 12 months?	□	□	□	□	□
8. How often have you borrowed money or sold something to obtain money for gambling, in the past 12 months?	□	□	□	□	□
9. How often have you gambled as a way of escaping problems or relieving negative feelings, in the past 12 months?	□	□	□	□	□
10. How often have you gambled with larger sums to get the same feeling of excitement as before, in the past 12 months?	□	□	□	□	□

	No	Yes, but not in the past year	Yes, in the past year
11. Have you or anyone close to you experienced financial problems due to your gambling?	□	□	□
12. Has your gambling worsened your mental health?	□	□	□
13. Have you experienced serious problems in any important relationship because of your gambling?	□	□	□
14. Have you experienced serious problems at work or in school because of your gambling?	□	□	□

Turn page

Appendix: Expenditures and gambling types

Think back to last month (e.g., if it is now May, think back to April). Try to estimate the quantity you spent in US $ as accurately as possible.

What was your **income** after tax last month (including salary and grants)?		$
How much money did you **wager** last month on gambling?		$
How much money did you **win** last month by gambling?		$
How much money did you **lose** last month by gambling?		$

If some gambling types have led to negative consequences for you (for example in your finances, health, relationships, work or studies), please indicate which ones apply for you.

	Gambling machines/ slots	Poker	Casino	Sports betting	Horse betting	Bingo	Lotteries	Instant lotteries	Other types of gambling
Internet/ online	☐	☐	☐	☐	☐	☐	☐	☐	☐
Physcial venue	☐	☐	☐	☐	☐	☐	☐	☐	☐

GAMBLING TYPES (EXAMPLES)

Gambling machines/slots	Poker	Casino table games	Sports betting	Horse betting
Electronic gambling machines (EGMs) Video lottery terminals (VLTs) Slot machines Poker machines Any other form of gambling in which a physical or virtual machine rapidly display results and instantly accepts new wagers.	Texas hold'em Any other kind of poker game against other players (not a casino croupier)	Roulette Black Jack Sic Bo Craps Baccarat Caribbean Stud Poker (and similar casino poker games played against a casino croupier) Any other casino game with cards, wheels or dice.	Betting on any kind of sports event In-game betting (during a sports event) Spread betting Esports betting Fantasy sports betting	Any form of betting on horses

Bingo	Lotteries	Instant lotteries	Other types of gambling
Any form of bingo, regardless of how numbers are drawn and displayed.	Lottery tickets Lotto Keno Any other type of lottery of the traditional type.	Instant lottery tickets Scratch cards, either physical or online	Speculative financial activities (e.g., buying penny stocks, non-professional day trading) Televised guessing games Illegal gambling in a physical venue Specify – not listed above _____