


GDIT Gambling Disorder Identification Test

Here are a few questions on gambling. We thank you for responding as correctly and honestly as possible by indicating the response that is right for you.

	<input type="checkbox"/> Man	<input type="checkbox"/> Woman	<input type="checkbox"/> Other alternative	Age _____			
1. How often do you gamble?	Never <input type="checkbox"/>	Monthly or less <input type="checkbox"/>	2-4 times a month <input type="checkbox"/>	2-3 times a week <input type="checkbox"/>	4 or more times a week <input type="checkbox"/>	Daily <input type="checkbox"/>	Several times a day <input type="checkbox"/>
2. How much time do you spend gambling on a typical day?	No time <input type="checkbox"/>	Less than an hour <input type="checkbox"/>	1-2 hours <input type="checkbox"/>	3-4 hours <input type="checkbox"/>	5-6 hours <input type="checkbox"/>	7-9 hours <input type="checkbox"/>	10-24 hours <input type="checkbox"/>
3. How much time do you spend thinking about gambling on a typical day?	No time <input type="checkbox"/>	Less than an hour <input type="checkbox"/>	1-2 hours <input type="checkbox"/>	3-4 hours <input type="checkbox"/>	5-6 hours <input type="checkbox"/>	7-9 hours <input type="checkbox"/>	10-24 hours <input type="checkbox"/>
4. How often have you tried to control, cut down or stop your gambling, in the past 12 months?			Never <input type="checkbox"/>	Less often than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
5. How often have you gambled to win back money you lost on gambling, in the past 12 months?			Never <input type="checkbox"/>	Less often than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
6. How often, in the past 12 months, have you gambled more than you planned (more occasions, longer time or larger sums)?			Never <input type="checkbox"/>	Less often than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
7. How often have you lied to others about your gambling, in the past 12 months?			Never <input type="checkbox"/>	Less often than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
8. How often have you borrowed money or sold something to obtain money for gambling, in the past 12 months?			Never <input type="checkbox"/>	Less often than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
9. How often have you gambled as a way of escaping problems or relieving negative feelings, in the past 12 months?			Never <input type="checkbox"/>	Less often than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
10. How often have you gambled with larger sums to get the same feeling of excitement as before, in the past 12 months?			Never <input type="checkbox"/>	Less often than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
11. Have you or anyone close to you experienced financial problems due to your gambling?			No <input type="checkbox"/>	Yes, but not in the past year <input type="checkbox"/>	Yes, in the past year <input type="checkbox"/>		
12. Has your gambling worsened your mental health?			No <input type="checkbox"/>	Yes, but not in the past year <input type="checkbox"/>	Yes, in the past year <input type="checkbox"/>		
13. Have you experienced serious problems in any important relationship because of your gambling?			No <input type="checkbox"/>	Yes, but not in the past year <input type="checkbox"/>	Yes, in the past year <input type="checkbox"/>		
14. Have you experienced serious problems at work or in school because of your gambling?			No <input type="checkbox"/>	Yes, but not in the past year <input type="checkbox"/>	Yes, in the past year <input type="checkbox"/>		

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Appendix: Expenditures and gambling types

Think back to last month (e. g., if it is now May, think back to April). Try to estimate the quantity you spent as accurately as possible. Please provide the amount and the currency.

What was your **income** after tax last month (including salary and grants)?

How much money did you **wager** last month on gambling?

How much money did you **win** last month by gambling?

How much money did you **lose** last month by gambling?

If some gambling types have led to negative consequences for you (for example in your finances, health, relationships, work or studies), please indicate which ones apply for you.

	Gambling machines/slots	Poker	Casino	Sports betting	Horse betting	Bingo	Lotteries	Instant lotteries	Other types of gambling
Internet/online	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Physical venue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

GAMBLING TYPES (EXAMPLES)

Gambling machines/slots	Poker	Casino table games	Sports betting	Horse betting
Electronic gambling machines (EGMs) Video lottery terminals (VLTs) Slot machines Poker machines Any other form of gambling in which a physical or virtual machine rapidly display results and instantly accepts new wagers.	Texas hold'em Any other kind of poker game against other players (not a casino croupier)	Roulette Black Jack Sic Bo Craps Baccarat Caribbean Stud Poker (and similar casino poker games played against a casino croupier) Any other casino game with cards, wheels or dice.	Betting on any kind of sports event In-game betting (during a sports event) Spread betting Esports betting Fantasy sports betting	Any form of betting on horses
Bingo	Lotteries	Instant lotteries	Other types of gambling	
Any form of bingo, regardless of how numbers are drawn and displayed.	Lottery tickets Lotto Keno Any other type of lottery of the traditional type.	Instant lottery tickets Scratch cards, either physical or online	Speculative financial activities (e.g., buying penny stocks, non-professional day trading) Televised guessing games Illegal gambling in a physical venue Specify – not listed above	